# **Tissues and Membranes**

- I. In the Beginning ...
  - a. Egg + sperm  $\rightarrow$
  - b. 1 cell divides to make 2, 2 divide to make 4, 4 divide to make 8, and then?

c.

d.

- e. Totipotent:
- f. Pluripotent:
- II. Tissues
  - a. Tissues are groups of cells that are similar in to each other in structure and function
  - b. Like the individual tiles arranged as a beautiful floor, cells are placed in various patterns to make different tissues
- III. Epithelial Tissue
  - a.
  - b. Forms large, continuous sheets
  - c.
  - d. Sheets of epithelium also line most of the inner cavities ... mouth, respiratory tract, reproductive tract.

- e. What does epithelial tissue do?
  - i. Primarily concerned with protection, absorption & secretion
  - ii. Protection-
  - iii. Absorption-
  - iv. Secretion-
- f. Epithelial Tissue Characteristics
  - i. Has two surfaces
    - 1. Apical surface
    - 2. The bottom is attached to a basement membrane: a very thin material that anchors the epithelium to the underlying structure
  - ii. Has no blood supply \_\_\_\_\_\_ it gets nourishment from blood supply of underlying tissue
  - iii.
- g. Classifying Epithelial Tissue
  - i.
  - ii.

h. Has 3 shapes

i.

ii.

iii.

- g. Squamous Epithelium
- h. Cuboidal Epithelium
- i. Columnar Epithelium
- j. Layers a. Simple
  - b. Stratified
- k. Shape and number of layers are used to describe the various types of epithelium EX: simple squamous epithelium- single layer of flat cells
- 1. Simple squamous epithelium
  - a. Single layer of flat cells with an underlying basement membrane
  - b. They are so thin, they are found where substances move by rapid diffusion or filtration
  - **c**. EX:

#### m. Simple columnar epithelium

- a. Single layer of columnar cells attached to a basement membrane
- b. Line the entire digestive tractc.
- n. Pseudostratified ciliated columnar epithelium

a.

- b. cells appear multilayered but they are not
- c. Cilia:
- o. Stratified Epithelium
  - a. More than one layer
  - b.
  - C.
  - d. Found in tissue exposed to everyday wear and tear mouth, esophagus, skin
- p. Transitional Epithelium
  - a.
  - b. They are transitional because the cells slide past one another when the tissue is stretched

- c. The cells appear stratified when the urinary bladder is empty (unstretched) and simple when the bladder is full (stretched).
- q. Simple Cuboidal Epithelium
  - a.
  - b.
- r. Glandular epithelium
  - a. Gland- cells that secrete a particular substance
  - b. Simple cuboidal epilethium wrapped in a tube
  - c. Two types of glands
    - i. Exocrine
      - 1. Exocrine glands have ducts into which the exocrine secretions are released before reaching body surfaces or body cavities
      - 2. EX:
    - ii. Endocrine
      - 1.
      - 2. Hormones are secreted directly into the blood stream
      - 3. The blood then carries them to their sites of action

## IV. Connective Tissue

- a. The most abundant of the 4 tissue types, widely distributed throughout the body
- b. Connective tissue connects, or binds together, the parts of the body

c.

- d. Although connective tissue types do not resemble each other very closely, they share two characteristics:
  - i. Most connective tissue, except ligament, tendons, and cartilage, has a good blood supply
    - 1. Ligaments, tendons and cartilage have no blood supply which is why these areas take so long to heal when injured
    - ii.
- e. Extracellular matrix
  - i. Extracellular matrix is what makes the various types of connective tissues so different
  - ii. Extracellular matrix-
  - iii. The cell makes the matrix and then secretes it into the extracellular spaces. In other words, they make the bed that they lie in.

- iv. The hardness can vary from cell type to the next
- v. The extracellular matrix may be:
  - 1. 2. 3.
- vi. The amount of extracellular matrix varies from one cell type to the next.
- vii. Also found in the matrix of most connective tissue are protein fibers
- viii. Types of fibers-
  - 1. 2.
  - 3.
  - ix. Collagen Injections
    - 1. Recently, injections of collagen have been used cosmetically to remove unwanted lines and wrinkles
    - 2.

- f. Types of Connective Tissue
  - i. Loose
  - ii. Adipose
  - iii. Dense fibrous connective
  - iv. Reticular
  - v. Cartilage
  - vi. Bone
  - vii. Blood
- g. Loose connective tissue
  - i.
  - ii. Made up of fibroblasts and gel-like extracellular matrix
  - iii.
  - iv. Acts like tissue glue, holding organs in position

### h. Adipose

- i.
- ii. A type of loose connective tissue in which the fibroblasts enlarge and store fat
- iii. Forms the tissue layer underlying the skin
- iv.

- i. Dense Fibrous Connective Tissue
  - i. Composed of fibroblasts and extracellular matrix that contains many collagen and elastic fibers
  - ii. The fibroblasts secrete fibers into the extracellular matrix

iii.

- iv. Tendons-
- v. Ligaments-
  - 1. Ligaments contain more elastic fibers than tendons do, they stretch more easily
  - 2.
  - 3. If the stretching is excessive, tendons and ligaments can tear, causing severe pain and impaired mobility
  - A ruptured Achilles tendon is a serious injury – it attaches the leg muscles to the heel
- j. Reticular Tissue
  - i. Characterized by a network of delicately interwoven reticular (fine collagen) fibers
  - ii. Forms the internal framework for lymphoid tissue spleen, lymph nodes & bone marrow
- k. Cartilage
  - i.

ii. The chondrocytes secrete a protein extracellular matrix that is firm, smooth & flexible.

iii.

- iv. Three types of cartilage:
  - 1. Hyaline
    - a. Hyaline is also found in the fetal skeleton. As the fetal matures, the cartilage ossifies, or is converted to bone.
  - 2. Elastic found in the ear
  - 3. Fibrocartilage-

### l. Bone

- i.
- ii.
- iii. Osteocytes secrete an extracellular matrix that includes collagen, calcium, salts, minerals which make the bone hard.
- iv.

- v. The hardness helps support the weight of the body for standing and moving
- vi. The bone also acts like a storage site for mineral salts, especially calcium and phosphorus
- vii. When this mineralization of bone tissue is diminished, as in osteoporosis, the bone is weakened and tends to break easily.

viii.

- ix. Calcium is needed throughout the life cycle, but is especially important during childhood, when bones are growing, and after menopause, when estrogen levels in women decline.
- X.

#### m. Blood

- i. Blood is a unique type of connective tissue
- <u>ii</u>.
- iii. Plasma contains fibrous plasma proteins that re not seen unless clots form
- iv. Blood-

### n. Nervous Tissue

i.

ii. Consists of 2 types of cells:

iii. Neurons-

- iv. The neuron has 3 parts-
  - 1. Dendrites-
  - 2. Cell body-
  - 3. Axon-



o. Muscle Tissue

i.

ii.

- iii. Because the cells are long and slender, they are called fibers rather than cells
- iv. Three types of muscle-
- v. Skeletal muscle
  - 1.
  - 2. Voluntary
  - 3.
  - 4.
  - 5. Skeletal muscle move the skeleton, maintain posture, stabilize joints
- vi. Smooth Muscle
  - 1. Found in the walls of the viscera (organs), such as stomach, intestines, and bladder
  - 2. Also found in tubes, such as bronchioles (breathing passages) and blood vessels
  - 3.
  - 4.
- vii. Cardiac Muscle

- 2.
  3.
  4. Has intercalated disks so cells can communicate with each other efficiently
- V. Tissue Repair

a.

b. Two ways:

1.

i.

ii.

- c. Regeneration:
- d.

e. Fibrosis:

- f. The fibers of scar tissue pull the edges of wound together and strengthen the area
- g. Damaged skeletal muscle, cardiac muscle, and nervous tissue do not undergo mitosis and must be replaced by scar tissue.

### VI. Membranes

- a. Membranes are thin sheets of tissues that cover surfaces, line body cavities, surround organs
- b. Cutaneous membrane-
- c. Mucus membrane
  - i. Include digestive, urinary, reproductive, respiratory tracts

... 11.

- d. Serous membranes
  - i. They secrete a thin, watery fluid that allows membranes to slide past one another with little friction
  - ii. Three serous membranes
    - 1. pleura-
    - 2. pericardium-
    - 3. peritoneum-